

'DILIGENTIA'

St. Joseph's Senior Secondary School, Kanpur



'DILIGENTIA'
2009-10



EDITORIAL



Dear Readers,

We indeed take pride in presenting our third edition of 'Diligentia' and aim at continuous improvement than delayed perfection.

In today's age of proliferation of electronic media, writing and reading has unfortunately taken a back seat. Publication of 'Diligentia' is a right step to bring out the inherent talent and creativity present in the students. This magazine also highlights the achievements of students during the session which is a source of inspiration for others to emulate.

We extend our sincere gratitude to the management, staff and students for their contribution and selfless support.

We wish all success to the future years of 'Diligentia'. We conclude with the words of Joseph Addison-

"If you wish success in life, Make perseverance your bosom friend"

Mrs. Jaya Nair

Mrs. Chandrima Mukherjee



FROM PRINCIPAL'S DESK

Dear Parents,

The greatest gift a parent can give to his children are roots. The best part of a family tree is the roots. Once noticing a little girl's courteous and polite behaviour, the teacher asked, "Who taught you to be so courteous and polite?" The girl replied, "No one. It just runs in our family." In order for our children to turn out well, we need to spend twice the time and half

the money. Parents with high self-esteem, breed confidence and high self esteem in their children by giving them positive concepts, benefits and values. Many a time, the parents take out their own tensions, worries and frustrations on children. They become victims of their inconsistent behaviour. This may create confusion in them and they rebel against such inconsistencies. Many parents are too busy and they compensate by being friends to their children, forgetting their responsibilities as a teacher. Remember, values are taught first at home and schools generally reinforce those values.

I invite you dear parents to be **Role Models** to your children and teach them through examples. Children brought up in a loving, disciplined environment end up respecting their parents, teachers and elders more and become law-abiding citizens.

Wish you all the best. God bless you.



Sr. Rose George

A NEW BEGINING

Excitement and fear mark the reopening day of school. We all feel this when we are promoted to a new class and we sit in a new environment on the first day. On the 1st April the school gallery echoed with the twittering Josephite's well revived with fresh enthusiasm to meet new teachers and mates in the new class. It was a fantastic feeling to walk in the known corridors of the school in the new academic year.

The morning assembly started with lighting of the lamp by our Manager Sr. Anita, our Principal Sr. Rose, Mrs. Shashi Tiwari- Hindi teacher, Mrs. Usha Mishra- Chemistry laboratory assistant and Apoorv Purwar- School Vice-Captain to show us a glowing path to tread on throughout the year. The atmosphere turned serene after the beautiful hymn. Reading from the holy Bible, thought for the day and speech gave wonderful message of way to greater heights through hard work and determination.

Teachers as well as students were well convinced and the sparkling eyes of each one symbolised new spirit and excitement. Our Principal Sister Rose welcomed us back to school. She narrated a beautiful story about a man who sharpened his axe regularly to get maximum benefit out of it. Through the story she wanted us to learn that by hard work we can always soar great heights. She also asked us to make resolutions for the year which were:-

- | | |
|--|-------------------|
| (1) THINK POSITIVE | (2) I CAN WIN |
| (3) AVOID NEGATIVE CIRCLE | (4) PAY GRATITUDE |
| (5) LEARN TO LIKE THINGS THAT ARE TO BE DONE | |
| (6) DO NOW. | |

After the hot summer vacations when once again we returned back to school with full zeal on 6th July we were reminded of few do's and don'ts related to school ethics and our stand as students.

The new sisters and teachers were welcomed with bouquets. The new academic year geared up to take the best stride and give out glittering aura.

Swati Bajpai
VIII-C



INVESTITURE CEREMONY

Adult franchise paves way for better governance. We exercised this right by casting votes to elect School Pupil leader and Assistant School Pupil leader on 6th July. The candidates nominated for the post of School Pupil leader were Ivneet Singh from XII- Science and S. Nidhi from XII- Commerce. Anjali Sharma of XI- Science and Shefali Dubey of XI- Commerce were nominated for the post of Assistant School Pupil leader.

On 8th July, the candidates introduced themselves to the students and tried to convince them to be in their favour. They appealed for votes by making the promise of taking up their duties with full zeal and maintaining the order of governance in the school to the best of their ability.

The spirit of elections was made lively by the echoes of campaigning carried out by candidates to acquire more and more support.

Finally, on 9th July, the most awaited day of elections arrived when the students got a fair and equal opportunity of casting vote for the candidates whom they felt were the most promising ones. Maximum votes went in the favour of Inveet Singh who became the School pupil leader and Anjali Sharma who became the Assistant School pupil leader.

Then came the Investiture Ceremony, on 15th July. The School leader, Asst. School leader alongwith the parliament members comprising of Squad leaders, Assistant Squad leaders, Sports leaders, L.A. leaders, Discipline leaders and Class Squad leaders took the oath, accepting the responsibility and tasks entrusted to them and to do it with full justice.

As expected, throughout the session, all the leaders put their best efforts to excel in every duty or task allotted to them, leaving no space for any sort of doubt in the skill and talent brimming and flourishing in St. Joseph's Sr. Secondary School.

Truly, parliament elections have helped in laying the foundation of vote- casting spirit and imbibing the leadership quality among the students. By looking at the smooth functioning of the School Parliament, dedication of the students, co-curricular activities conducted in the school, one feels proud to be a student of a school whose principles are based on democratic norms.

Damini Singh
XI-A



INDEPENDENCE DAY & REPUBLIC DAY

Celebrations bring glory to life, festivities create refreshness to strive. 15th of August of every year creates an exuberant atmosphere in our school campus. The students indulge themselves in preparations of varied and diverse programmes to be conducted on the occasion. This year too, we had a feasty celebration on Independence Day, starting with the flag hoisting to the powerpoint presentation which was a great idea for evolving a spirit of exaltation amongst our students. Our students, filled with brilliance conducted the competition with a good temptation and the programme ended with the announcement of the winner, the Tagore Squad. Our spirit of nationalism only rises when we see Sachin Tendulkar striking a six or Sania Mirza winning a Tennis match. The question arises, that is our nationalism so weak and meek that it wakes up only at such occasions ?



Every year, 26th of January is celebrated throughout the nation with a zeal of enthusiasm, motivation, encouragement and jocund feelings. This glorious event has been imbining within all the citizens of the nation, a feeling of endless unity and divine blessings of the almighty. This year, Josephites had authentic plannings and preparations for the year but unfortunately, the whole programme was dislodged due to fog and extreme cold weather. The programme was just confined to flag hoisting done by one of our senior teacher, Mrs. Shikha Chaki. As the flag was hoisted up in the midst of air, we saw flamboyance in the sky; our eyes got filled with an infinite sense of joy and liveliness. Our nation has been bestowed with the most glorious heritage but still instead of praising it we never even look back to relish it. We also had a beautiful and inspiring speech on the occasion of Republic Day. The speech inspired us with the feeling of respect for our motherland, India. We also had a beautifully sung patriotic song by our talented singers depicting the beauty of our nation and signifying that our country has provided us with uncountable luxuries and hence it is high time to repay it back through our contribution of nationalism.



We celebrated our Independence Day and Republic Day with a reviving spirit. I salute my nation with heartfelt of gratitude and infinite respect as citizen of India, an Indian ! We all smile in the same language of nationalism, lets smile !!!

Astha Yadav
VIII - A

TEACHERS AND THE TAUGHT

The year 2009 has left us with some beautiful memories like the celebration of Teachers' Day and Children's Day in our school. The celebration of Teachers' Day is a way of showing respect to Dr. Radhakrishnan as well as the teachers' community because they are the real makers of the nation. It is they who teach and groom the future citizens of the country. On this occasion the senior students of our school impressed the teachers with some stunning performances as a token of their love and



admiration. The students of various classes showed respect and gratitude by giving cards and gifts to their teachers. Pleasantries and greetings were also exchanged between the teachers and students.

The school management



also hosted a lunch at South X Mall, Kidwai Nagar in the honour of the teachers after the school hours. The teachers and the students never forget this day as it marks the healthy relationship between the students and teachers. On this day, the relationship between the teachers and the taught gets reinforced and strengthened. The bond comes closer and intertwined which contributes towards the development of the skill and knowledge of the students in building a prosperous and a great nation.

The Children's Day in our school was celebrated with great enthusiasm. The teachers enthralled the students with their gorgeous performances as a symbol of love for their students. After the assembly, an inter-squad enactment competition was organized in which the different squads had to show the life history of great women of India like Mother Teresa, Indira Gandhi, Rani Lakshmi Bai and Kiran Bedi. A fusion dance competition was also organized for classes 6-8. All the students mesmerized the audience by their performances. The toppers of different classes were awarded medals for excellence in studies to encourage them to do better in future. English speaking students from each section were awarded smiles to acknowledge their efforts to speak in English. All were extremely happy on that day. The children of today are the citizens of tomorrow. As a child, everybody needs love and affection in order to have a good state of mind to grow as a responsible citizen imbued with the right values and having the sense of duty and responsibility in the society.



Therefore, as students, let's take the pledge that

"WE SHALL ENDEAVOUR AND BUILD A GREAT NATION"

Atresha Pradhan
VIII-B

BLOSSOMING TALENTS

Students are a hamper of talents and school is the best place where you can courageously come forward to be a shining star. The St. Joseph's Convent held its' marvelous L.A. inauguration ceremony on 15th July 2009 by putting fire both in the lamp and in the students. To start with 'Rimjhim Chauhan', the L.A. leader enlightened the need of literary activities, followed by the inauguration ceremony. The schools auditorium became lively with many colourful cultural activities.

The school aims at not only academic and scholastic development in students but also aims to draw out the innate qualities in it's students. Few events of the session marked flamboyancy in the history of the school. One such event was the "Powerpoint Presentation Competition" based on "India: Past, Present & Future" held on 15th August 2009. It proved to be a huge success as it presented dual talents of the students: Firstly, their expertise on computer and secondly their speaking skill. There were five members from each squad in which one changed the slides and others guided and explained those slides. My Pal, Shubhankar Gupta prepared such an informative and impressive presentation that it brought laurels to his team by grabbing the first prize. Another extraordinary event was the "Enactment competition" held on "Eminent women personality in India" held on 14th Nov. 2009 (Children's day) where children were asked to prepare a skit on any great women leader depicting their work, lifestyle and at the same time giving us a moral and developing a feeling of honour for them. There were a total of ten participants from each squad performing their roles. The skit "Mother Teresa" performed by the members of Nehru Squad won the hearts of the students and judges to hold the first place.

The school took a major step or policy of allowing students to participate only once to encourage many other dormant talents, as the school aims at imbibing in the students the confidence, participation spirit and winning instincts through these literary associations. There were many other competitions like singing, dancing, recitation, elocutions, quiz, story telling etc, etc. The year saw a great leap in the number of participating students. Therefore, this year, the schools L.A. was a huge success among students whom it is originally meant for.



Zaid Tanweer
XI-B

SHOWCASE

EXHIBITION

As the academic session 2009-10 came to close, the school held its Art and craft exhibition on 30th January. It showcased the creativity of students from classes 6th to 12th. The artistic learning of the students were displayed in a myriad combination of colours and ideas. Each exhibit there highlighted the innate potential of the young Josephites. The exhibition coincided with the Parent Teacher Meeting and was well attended by the parent community as well as children. Beautiful candles, emboss painting, tie and dye, wall hangings, flower vase etc were displayed. But the centre of attraction was the 'Jewellery Sets' made by the girls of 12th commerce. Each set was exclusive and par excellence.

**BOOK FAIR**

Books are man's most delightful and useful companions. They are the lifeblood of a great spirit, embalmed and treasured for life beyond life. And in order to inspire a lifelong love of reading in all children, the Scholastic Club holds Book Fair every year in the school. This year too the Book Fair buzzed with budding readers. It was held from 29th October to 31st October, during which the first two days was specially for the students and on the third day the fair was open for both parents and children. The Book Fair showed wide ranging selection including old favourites like Harry Potter and Sherlock Holmes, at the same time new books of kid friendly genres included-mystery, fantasy, inspirational, adventurous, pop-ups, star wars etc. The main attraction of this years fair was the Lucky Draw for all the students who purchased the books and the lucky winners were Onima Chaitya from class V and Kawal Nayan Singh from Class IV. They were presented with books worth Rs. 200 by the scholastic.

APPLAUDS

- International Art and Craft competition 2009 was held in the school on 9th September by Pidilite. Various competitions like Greeting card making, Photo Framing, Mask making, Landscape painting, T-Shirt designing etc. were conducted for classes 1-10. Many students participated enthusiastically, out of which Ishita Panja of VI-A and Syeda Kauser of X-C secured first positions in their respective categories.



- Glass painting competition was held for Class VII in which Gayatri Sateesh of VII-A, Ravi Chaudhary of VII-C and Megha Kaushik of VII-B secured the first, second and third positions respectively.

- Jhankar Group organized a Dance competition 'Kanpur Beats 2009' on 25th December in Merchant Chamber Hall, in which our 'Teen Stars' brought laurels to the school by clinching the 2nd position. They performed on A.R. Rehman's famous oscar winning composition 'Jai Ho'. They have indeed earned 'Jai-Jai' for the school.



- On 22nd Dec. We celebrated 'Christmas' in our school. The air echoed with carols in English and Hindi presented by the four squads. Fr. Ignatius judged the carol singing and Gandhi Squad emerged as the best singers. The Santa Claus enthralled the students with his twists and jerks.



SEMINARS CONDUCTED AT ST. JOSEPH

"Known is a drop but unknown is an Ocean." St. Joseph has always given opportunities to its students to bloom and grow in various spheres. The seminars conducted from time to time highlight the same idea. It makes the students updated with latest information from various fields which cannot be included in their curriculum.

- "Teachers are transmitters, transformers and torch bearers" said Rev. Fr. Pious D' Souza as a part of his keynote address at the Teachers Orientation Programme held in the school on 25th July 09. The Seminar covered various ways to improve teachers students relationship. It was quite an enlightening and enriching experience for the teachers.
- On 25th July 2009, career counselling on Animation was conducted by MAAC-Maya Academy of Advanced Cinematics. It is a division of Maya Entertainment Ltd., a leading computer animation and visual effect studio for films and television in India. In this seminar students came to know about a new field emerging rapidly i.e. Animation. They were told about the fundamentals of animation, the growing job opportunity in this field and their 2 year diploma course in which they teach the students about animation. The most interesting part of the seminar was the live demo of visual effects by Shahrukh Khan of XI-A. So if you are creative and imaginative, a lot of job opportunities are just at your door step.
- "Before learning any things learn how to learn" This was the aim behind the seminar conducted by Mind Power Research Institute held on 3rd September for Classes 6th to 8th. The resource person, Mr. Mukesh Rathore taught the students some simple ways to use mind power, to study for success in exams and competitions, to memorize 10 times faster etc. It was altogether an enriching session.
- A seminar on 'Living Ganga Programme' was held in the school on 11th November 2009 by HSBC (Hongkong and Shanghai Banking Corporation). The resource person Mr. Anshuman Attroley focused on the impact of the climatic change on River Ganga and suggested some measures to protect this emblem of India's rich cultural heritage. This seminar was also attended by Environmentalist Mr. Rakesh Jaiswal (ECO friends) and Additional Municipal Commissioner Mr. U. N. Tiwari. This programme was indeed an eye opener for the students.

SAYONARA

Teachers' are always an asset to school and that too when they have given their best and most over the long years with dedication, selfless service for the school, students and society. The loss of such teachers because of retirement or transfer is always irreparable.

The year 2009 had to bear the loss of four most efficient teachers and two most experienced sisters. The management, staff and students bade 'SAYONARA' to Mrs. Saudamini Krishnan and Mrs. Lalita Bruce on their retirement. Sr. Nirmala, Sr. Jessy, Mrs. Sindhu Subhash and Mrs. Indu Rawat had to bid farewell on account of transfer.

A valediction ceremony was arranged on 5 May 2009 where the students garlanded their teachers and spoke about their contributions. The students gave special words of thanks for Mrs. Saudamini Krishnan who served the institution for 24 years and instilled in the kids the love and aptitude for Mathematics. 25 years of honest service by Mrs. Lalita Bruce for the Biology laboratory was also acknowledged with words of appreciation.

The Manager of our school Sr. Anita blessed the sisters and teachers for their new ventures. She also spoke highly about the teachers and how much we grandly bear them in our hearts. She wished them success and grace of Almighty.



THE DIAMOND YEAR OF UMI

12th November 2009, seventy five candles, a serene atmosphere, showers from heaven in the form of rain and above all a pleasure bubbling in our hearts to be a part of the scenario as we were getting ready to celebrate the 75th year of dedicated service by the ursuline Sisters of Mary Immaculate in India.

St. Joseph's Senior Secondary School is run by the Ursuline Sisters of Mary Immaculate. The hallmark of their contribution, to India is 'SERVICE TO MANKIND'. They have served India by imparting education through schools, taking care of ill and diseased through hospitals, extending a comforting hand to the old, aged and needy through old homes, training the young boys and girls to earn their living through vocational training institutions.

The congregation with its austere and divine vision under the guidance of Mother Brigida landed in India from Italy on 12th November 1934 and then onwards till date there are around several institutions of service established by them throughout India. To commemorate the anniversary of the prestigious day the Josephites displayed a glance down the memory lane. Showcasing the names of institutions run by this eminent congregation. Their illuminating radiance was marked by burning 75 candles, of which one was inside a globe trying to enlighten those dark shades of the world which are marred by the negative actions like war, terrorism and other human conflicts.

The sisters of the school were presented shawls to symbolise the warmth of love, kindness and sympathy that we have received from them. It was a mark of gratitude that the school wanted to pay to its enlighteners. The Students and teachers prayed unto the Lord for the sisters so that they may keep kindling light around the society and make it green in thoughts and pure in activities.



HUMAN SERVICE FOR GOD AND COUNTRY

The day 23rd August 2009 dawned beautifully bringing sun shine to the faces of the few selected. 27 LTSers of St. Joseph Sr Sec School took their oath after invoking the blessings of the Almighty with a prayer song. The Manager of the school, Sr. Anita and other sisters of the convent lit the lamp to mark the occasion. The LTSers pledged their unconditional dedication to God and Country and felt proud on being given the badges.

During the year, they organized programmes which included fund raising, collecting warm clothes etc thereby, they acknowledged the dignity of labour. The needy were helped during the chilly winter days with the warm clothes. 20th Dec. 2009 was the most memorable day of the year as the LTSers were to visit the 'Shishu Bhavan' at Cantt. They worked hard to pack warm clothes and different gifts for the infants. As they reached there and saw the beautiful children, their hearts filled with immense love for those wonderful gifts of God. Their hearts swelled with appreciation for those Sisters of Charity who have devoted their lives for these infants. As they started distributing the items, they realized that the happiness of giving was much more than the joy of receiving. To see these little children laugh and play were the moments to cherish in life. The warm welcome and the smiling faces of the kids there, made their day so eventful that they will carry this down their memory lane. With this, the LTSers realized the importance of developing genuine love and concern for the poor and the needy, and extending their helping hand in whatever way they can. They thanked the Almighty who helped them believe in themselves as God believes in them.

Veronica Pinto

LTS Guide.



BODY DONATION AN ALTERNATIVE TO CREMATION

We realise the significance of something only when it affects us personally. That is what I experienced when I lost my grandfather recently.

Bhowmik Dada, as he was affectionately called, was my maternal grandfather. He was a powerful force for his family; comprising his brothers, sisters, cousins and, of course, his children. He passed away following a cardiac arrest. He was 74. In life, he was always ready to lend a helping hand. Even in death, he lived up to this ideal.

He donated his body to the Kanpur Medical College to facilitate research. What a way to do charity even after death! Gayatri Pariwar and the students and professors of the medical college paid rich tribute to him at a function organised at the institution.

I wonder why body donation is not considered an alternative to cremation? Why is it so wrong to allow our body to be of use to medical students? Why can't we reorient our traditions? Is it enough for future doctors to study the complex body compositions on CD's ? Almost every medical college is affected by a dearth of cadavers for medical studies and research work.

There is no denying the fact that medicine as a career is considered less attractive than engineering or MBA degrees by the younger generation.

When there is so much talk of educational reforms, don't we need to change our mind set in the first place? The problem lies mainly in the lack of awareness, mistrust of the medical fraternity and the tunnel vision of the society. Medical institutions all over need to follow in the foot steps of the Kanpur Medical College in honouring the family members of the donors. This will remove misconceptions about body donation. Non government organizations and the media can launch an awareness campaign about this unique form of charity.

The generation next could come forward to take the society out of the "why should I" syndrome. Till then, people like Bhowmik Dada will belong to the endangered species. I have found my hero. It's time each one of us finds one.

Meghna S. Pant

X - C



RHAPSODY JUNIOR SPECIAL

The Kaleidoscopic bonanza by the toddlers and kids won accolades from a huge crowd of intellectuals and other esteemed guests on 19 November 2009 when 'Rhapsody Junior Special' was staged in the school playground.

Rhapsody was special as it showcased the junior talents in dance, singing, tabloid, dramatics and anchoring. The children proved that they could be indomitable as they possess that power to be. The audience was spellbound when the anchors Onima Chaitya, Soumitra Kumar, Tabish Javed and Shreyanshi all from class five introduced each item with such flawless spontaneity. The audience also applauded the courage and smartness of Kaustubh Mukherjee of class V who welcomed the guests with a speech and Sukriti Dutta of class III who gave vote of thanks.

The throng was glued to the seats as they found each and every page of Rhapsody more iridescent than the other. The exotic prayer dance clinched the hearts of the viewers followed by the action dance of class lower nursery and circus by the upper kindergarten who projected that young brain and soul could be controlled and directed in the correct path if desired. The patriotic fervour of class I and communal harmony from class III opened the eyes of many dead souls. The awareness drive against global warming was taken up by class IV and V which earned a prominent place in each heart as





the spectators are the immediate victims of it. The small and ugly spider is also a worthy creation of God was well explained through a tale from Bible.

The vision of vibgyor that all is one was portrayed in the most colourful fashion. The spectators tapped their feet and enjoyed the shakes of cock dance of class II and Dhimsa adivasi dance of class IV and V. The choir mesmerized the gathering with their cuckoo voice as they sang on want of peace and a desire for a new world free of disparities and despondence.

The chief guest Rev. Fr. John Lobo the parish priest of St. Joseph's worker church, Kanpur was much enthralled with the presentation. He blessed the children and school for their vision so fair and sound. Rhapsody was a real pleasure, a memento of simple living and high thinking.



EXCURSION

HURRAY !!! After several years, we Josephites, this session, were bestowed with the lovely gift of an educational and all the more adventurous, trip to Chandigarh, Amritsar and Wagha Border.

Our excitement was at its zenith as the journey flagged off from Kanpur Central by Uchahar Express on 27 November 2009. The Josephite family of many teachers, students, office staff and our principal Sr. Rose George, singing and dancing amidst fun and frolic ultimately reached its destination, 'Chandigarh Station' next morning. There after a warm welcome we were taken to Hotel Shagun which was far more lavish than we ever expected.

We made our first visit to Rose Garden, known for its 1600 varieties of roses. While the girls enjoyed the soothing sight; for the boys it was like 'a bull in a China shop', with each one creating his photo



album probably for their future modeling assignments.

The next stop was the much awaited Rock Garden, truly a marvel by Nek Chand. The day ended gleefully with the last visit to Sukhna Lake where misty sight of the Lake was magnificent enough to capture our entire attention.

Next day had the best experience in store for us, that was, visit to Amritsar. We started from the hotel at 6 in the morning and had a heavy breakfast at a famous restaurant on the way. On reaching Amritsar we made our first visit to the historical Jallianwala Bagh where to our fortunate surprise,



Bollywood Actor Neil Nitin Mukesh had made his way too. The Golden Temple, came next, and the atmosphere turned aesthetic bringing purity in the air. We ate 'Langar' and then after captured the 'golden' experience in our camera from every view point. Last of the place was, Wagha Border.

We saw the retreat ceremony there & with echoes of 'Vande Mataram' in the air, it turned patriotic too.

The last day of our trip made its way through Huda Garden, sector-19 & sector 17, and ultimately the place, we disliked to go the most; the station. Yes, it was the station, where we were about to bid goodbye to such a lovely city. While every body headed on to the train, hearts went back to the trip praying for the train to be late. As we parted from the place, we could only think to come again.....



SPORTS SECTION

"All study and no play makes Jack a dull boy"

Sports and games are essential for many reasons. They cultivate in us spunk and a vying attitude. They not only help us to maintain good health but also foster friendship and good behavior. They cultivate in us cooperation, teamwork and sportsmanship. Sports are necessary for an overall development. In our school also along with studies, special attention is paid to sports and physical exercise. Our sports teacher Mr. Sanjay Rajput, Mr. Shrikant Yadav and Mrs. Shahana Parveen put great effort to enhance the talents in our young athletes and transform a novice to an expert. Every morning students can be seen practicing dedicatedly and optimistically through out the year for various tournaments.



Sunny bright day, colourful flags, enthusiastic players with the desire to win and cheering students; this was the scene of our annual sports meet held on 18th and 19th December 2009. Large number of students from class V to XII participated in the four groups A,B,C and D with great sportsmanship. The expected ones unfortunately lost and others took up the medals and vice versa. Students were also awarded individual championship trophy for securing highest points in their respective group.

	BOYS	GIRLS
GROUP-A	Agrim Goel	Gurleen Anand
GROUP-B	Saboor Khalid	Meghna S. Pant
GROUP-C	Arish Ahmad	Gayatri Satish
	Divyank Pal	
GROUP-D	Farhad Nawaz	Ann Maria

Apart from annual sports meet our students also participated in District Athletic Meet organized by KV-2, Armapur on 12th September 2009 for juniors and sub-juniors students and brought laurels to school by winning 5 gold, 7 silver and 11 bronze medals.



There was a state level Kho-kho tournament in Jaunpur from 19th to 21st September in which five of our girls participated and represented UP team. There was also national athletic meet in Haridwar from 3rd to 7th November in which three girls and one boy of our school represented the Kanpur team. Though it didn't bear any fruits but taught the student how to venture into different competition at higher level. As it is rightly said.

"Failures are the ladder to success"

In the state level junior girls' football tournament held in Basti near Gorakhpur from 29th to 6th September, Gayatri Satish from class VIIIth bagged the runner up trophy. She was the only girl from our school who represented the team from Kanpur. Her efforts need to be applauded as she ventured into a game mainly dominated by men.

These sports meet and tournament teach us the sportsmen spirit and team work. It conveys the message that participation is more important than winning. To achieve our goals we should be determined, have a strong will power, a clear aim and a burning desire to win as it is said "To be a victor assume victorious attitude and hold a winning mentality" because

**"Winners don't do different things
They do things differently"**

SHEFALI DUBEY

XI B



MERITORIOUS STUDENTS

Endeavouring with an indomitable desire is the first step to success. A strong desire must always be burning on the road to any achievement. It will make the impossible possible.

"Quality is not an accident but the result of intelligent efforts."

With a lot of hardwork and commitment towards their studies, the students came out with flying colours. The toppers who made our school proud were Priti Malhotra (94.4%) topper of AISSCE and Anjali Sharma (96.0%) topper of AISSE 2009.



The students who got the certificate of merit from Central Board of Secondary Education among top 0.1% of successful candidates are as below :

MERIT LIST

Name of Candidate	Class	Subject
Sharun Emmannel Shaju	X-A	Maths, Science, Social Studies
Anjali Sharma	X-B	Social Studies
Damini Singh	X-C	Social Studies
Faizan Mirza	X-B	Science
Himanshu Malhotra	X-C	English Communicative
Harsh Vardhan Shukla	XII-A	English Core

The list is yet not over. In the Info - Bazaar held on 11 Sept 2009 in Lucknow, the students of our school exhibited their talents in computers by securing the 3rd position out of 24 schools which participated in C++ programming. The sparkling stars of the Competition were Apoorv Purwar and Utkarsh Pyne of class XIIth.

Association of Catholic School of Uttar Pradesh & Uttarakhand organized an English essay writing competition in which Kunal Charles of class Xth won Rs. 1500. The victories of our students are glorious and infinite. A lot of hardwork and determination is required to achieve these goals.

Since last two years we have been acknowledging and appreciating students who have excelled and left an impression. So, we have with us the **Face of the Year "Apoorv Purwar"** of class XIIth. There have been several gems to his crown to make him the 'Shining Star'. He had, by default received certificate of merit for academic performance from class I till date. He has also been awarded certificate of merit by CBSE for being among top 0.1% of successful candidates in Maths. Gold medal decorated him for his excellence in 7th Cyber Olympiad. He earned 5th rank in city and 286th rank in All India level in the 9th National Cyber Olympiad. He also earned a rank in Info Bazaar 2009 held in Lucknow. At the school level, securing first and second position in Hindi essay writing competition, quiz competition, English elocution, and competition was a child's play for him. Even in sports he clinched gold medals in track and field games and court games too. He topped the AISSE-2008 (Class X) examination and was a favourite among students as he was chosen Assistant School Pupil Leader. These innumerable fortunes do not come easily. To get it one needs to strive with passion and then success kisses the feet.



What could be a better place to enhance our goals? It's school !! The National Cyber Olympiad held in our school in which a variety of our students participated, but after all winners were few, Anendya Singh of class VIIIth and Harshit Srivastava of class IXth were adorned with topper's medals.

It's indeed a matter of pride that we have among us who made things possible by scoring the maximum above all and seeing the world from the hill top.

I conclude with a message to many other aspirants that -

"Be as many sided as you can. The more facets a diamond has, the more brilliantly it sparkles!!"

Fauziah Iram Siddiqui
XIth B

ANNUAL PRIZE DISTRIBUTION CEREMONY 2009-2010

The Annual Prize Distribution Ceremony was held amidst great joy and excitement on 10 February 2010. Our Chief Guest was Wing Commander (Dr.) B. C. Lathe, the Principal of H.A.L Vidyalaya. He is a man of high intellectual capability and is a retired officer from the Indian Air Force. We were highly privileged that such a respectable and honourable personality spared his precious time to grace our Annual Prize Distribution Ceremony. Heart throbbing excitement hung in the air.

First of all, Dr. Lathe honoured the topper of class Xth Anjali Sharma and the topper of Class XIIth Preeti Malhotra. The school premises echoed with thunderous applause as various prizes were given away, displaying excellence in sports. The award for the best footballer of the year was bagged by Linto Joseph of XIth Science.



Next, shields were given out for various squad activities. Suspense throbbed every one's hearts as the points were being read out. Every squad wished to win a shield, but only the squads that had displayed excellence became winners. The shield for the best squad in sports was bagged by NEHRU SQUAD. The shield for the literary activities and other squad activities like display boards, cleanliness and discipline duties was both won by SHASTRI SQUAD. The most prestigious shield, the shield for the Best Squad of the year was grabbed by NEHRU SQUAD by sheer surprise and SHASTRI SQUAD won the runner's up shield. Every squad had a positive conviction towards winning. Shastri squad had to console itself with the runner's up shield after winning 2 shields. This was like losing the grip of the sweetest mango which you are about to eat after peeling. But who knows may

be the losing squads win the next time ?

The only difference between an ordinary and an 'extraordinary' person is the little 'extra'. Such an extraordinary gem sparkled in the corridors of St. Joseph's. He is the genius to wear the crown of 'Face of The Year'. He is Apoorv Purwar of Class XIIth. He strove towards perfection and displayed his talents in many fields and had a series of achievements to his credit. He has brought laurels to our school and his name will be written in golden letters in the annals of the school.

The Prize Distribution came to an end with Dr. Lathe's short, motivational speech for the students. He congratulated the winners and encouraged the students who expected to win a prize but were not fortunate enough. His message to the complete St. Joseph's family was

"Winners Never Quit. Quitters never win"

The ceremony was thus a memorable one and shall always remain engraved in the hearts and minds of the staff and students.

KYRIE

Stress of examination, ambitious demands, competition among the peer group are all that keeps tossing the minds of the youth. These upheavals create restlessness among students and they become victims of depression and pessimism. The school therefore, takes up a drive to release stress from the students by engaging them in meditation and prayer services.

Every Friday the students are made to sit quietly to introspect and meditate as they hear the divine songs that lull the air. A message is given out on values of life to reflect. These values are reinforced into our lives so that we can think about goodness on earth. Every morning prayer with a message from holy scripture and a thought for the day are the various other ways to inculcate Godliness and spirituality in the young souls.

A special prayer meeting was held on 6 February 2010 seeking Heavenly Grace for the students appearing for their class X and XII Board exams. The teachers and students stood together and prayed for the showers of blessings. The holy light was lit by our manager respected Sr. Anita, our Principal Sr. Rose, Shikha Mam, Beena Mam and Murali Sir to illuminate our thoughts with hope and determination. The air was purified and turned serene by a devotional hymn followed by prayers from the respected teachers Mrs. Veronica Pinto, Mrs. Mamta, Mrs. Anjali Puri and Mrs. Saroj Gupta.



Students of class IX presented an illustration on SUCCESS and wished the students goodluck. The outgoing batch was presented with a memento carrying photographs of the staff members and their respective class. Our principal Sr. Rose also blessed the students and prayed to God to keep the students under his umbrella.

Apoorv Purwar from XII science and Naaz Parveen from XII commerce took opportunity to thank the management, staff, friends and youngers for all that they have received from their second home 'School' and that they are indebted for it which can never be repayed neither in cash nor in kind. We formally bade the outgoing batch adieu and wished them success.

"The sky is yours with no limits But choice is yours to what extent and where to go."



Aastha Duggal
XI-B

THE CLEAN BRIGADE OF 2009-2010

'Clean Brigade'. This badge given to us (Class VII) made us feel proud. This brought in us the sense of maturity and responsibility. We chose ourselves to be the clean brigade because we felt the need of change in ourselves. We in school used to litter the school campus and make it look shabby after the recess. The school ground looked very dirty and shabby with all those wrappers, foils and food scattered all over. We felt the need of awareness programmes to stop this ungodly act because cleanliness is next to Godliness. We felt the need to remind this old proverb to our schoolmates. Most of our quality time is spent in school. Therefore, we can call it as our second home. As we don't litter our homes we wanted to practice the same in our school too.

This campaign was started by us, the students of seventh, and we were supported a lot by our teachers. Our aim was to keep our school clean. For this our first step was to correct ourselves by not dropping things on the ground during interval, during class hours or anytime. Apart from this we picked up garbage from the floor or ground whenever we saw something and put them in the dustbin. By doing this we felt good for ourselves and practiced the same at our homes.

Through the medium of school newsletter and this article, I invite more volunteers to come forward and support us in this noble task, keeping our school clean is the least and the most effortless thing we can do.

Naman Agarwal

VII-A



GANDHI SQUAD REPORT

CAPTAIN - SURABHI VIG
VICE CAPTAIN - LINTO JOSEPH

It's rightly said, "To be without dreams, is to be without hope. To be without hope, is to be without purpose".

We dreamt of a squad, successful in all duties such as bulletin board, discipline and cleanliness, though we could not achieve the heights we aimed during the year. We did fairly well in discipline and cleanliness. The year started with many interesting activities. Our squad vice captain LINTO JOSEPH of Class XIth was entitled the best footballer of the year.

Dreams do come true, if we have consistent, persistent, unrelenting focus and determination, so did APOORV PURWAR by becoming the 'Face of the Year' and clinching the first prize in 'Elocution competition'. We bagged third prize in both, the 'Enactment competition' titled 'Famous women personalities' as well as the 'Power Point Presentation' on "India-Past, Present and Future", but we weren't disheartened and made our efforts towards other squad activities and bagged gold and silver medals.

Though the year witnessed many ups and downs but MUNIBA FARIDI and GARIMA SHUKLA both of class XIIth took active participation in all the squad activities. Really, their enthusiasm was remarkable.

As it was not the end, our singers with their melodious voices added another diamond to our crown when we won the first position in the 'Carol Singing' competition. They proved the saying, that no wish is unattainable, all dreams are reachable.'

GURPREET SINGH and ANMOL MAHAJAN won medals in 1500 meter race and brought laurels to our squad. Last but not the least, I would like to thank God Almighty, who showered His blessings on us and we were able to achieve what we desired.

I would also like to thank my squad teachers, Mr. Muralidharan Nair, Mrs. Bina Garg, Mrs. Shobha Chauhan and Mrs. Satyajet for their kind support, cooperation and guidance round the year.

Surabhi Vig

NEHRU SQUAD REPORT

CAPTAIN - S. NIDHI

VICE CAPTAIN - SHAHRUKH KHAN

"The only place where achievement comes before struggle is a dictionary"

The past year had been a roller-coaster ride for Nehru Squad; but this year, the squad resolved to put in hard work, leave no stone unturned and aim for the top spot. Our efforts did pay off in the end and our squad came out in flying colours.

The year 2009-10 commenced with an inter-squad English Elocution Competition. Our squad had good orators and participated whole-heartedly. However, we did not bag a prize in the event. On 15 August 09, the next major event was held- a Power Point Presentation contest on "India - Past, Present & Future". Despite our best efforts, we did not secure a prize-winning spot. Our winning streak started on 14 November 09, when we bagged the first prize in the inter-squad Skit Competition, in which we enacted Mother Teresa. In performing squad duties pertaining to discipline, cleanliness or bulletin board, Nehru Squad was always sincere and abreast with other squads. In cleanliness, our squad was certainly the fore-runner and got all the gold medals.

All work and no play makes Jack a dull boy. We extended our best foot forward in sports and games too. The girls and boys of our squad adorned themselves with gold medals in basket ball and kho-kho. The squad participated with great zeal and enthusiasm in all the events of the Annual Athletic Meet 2009-10 held on 18th & 19th Dec. 09. Our squad won the inter-squad Sports Championship Trophy by such a wide margin that it helped us secure the Overall Championship Trophy too. The icing on the cake was our squad bagging 'The Best House of the Year' position as well.

I convey my sincere thanks to our squad teachers Mrs Anjali Puri, Mrs. Neera Tiwari, Mrs. Sarita Singh and Mr. Vivek Sachan, who guided and encouraged us at every stage. I would also like to acknowledge the efforts of my vice Captain Shahrukh Khan and Girls' Sports Team Captain Himani Bisht in offering unwavering support and motivation to squad members. I urge the future squad Captains not to rest on their laurels but strive for greater success.

S. Nidhi



SHASTRI SQUAD REPORT

CAPTAIN - NAAZ PARVEEN
VICE CAPTAIN - SYED BILALAHMAD

As somebody has rightly said 'Success comes only to those who strive for it; and Shastri squad has stood tall amongst all, as our members believe in the motto "We aspire for excellence"

Starting from the oath taking ceremony and the words, 'yes I do', we relentlessly worked to achieve success. We took every challenge thrown before us passionately and came out in flying colours and took the runner up trophy.

Our members were gifted with immense talent in every field, this was evident in the dance and music competitions. Our dancers NISHANT SINGH and KASHIF NAWAZ gave a wonderful performance and won I and II prizes respectively. Our melodious singers PRAKRATI MISHRA and DAKSHATA NAIR hummed beautiful songs and stood I and II respectively. Our tiny champions from classes 1 and 2 proved their excellence by taking away I, II as well as III prizes in the recitation competition. However, in the quiz competition, we could not win. We gave a decent performance in Powerpoint presentation and Carol Singing competition and won II and prizes in both. Thus the efforts of our budding stars enabled the squad to clinch the trophy for literary activities.

We snatched the shield for various squad activities by showing our expertise in bulletin board and vigily in carrying out discipline and cleanliness duties.

However, inspite of several good athletes with us, we could not perform well in sports, though our sports vice captain GAURAV JEET SINGH strived for it.

A sincere thanks to God Almighty for making this year a great success for our squad. We would like to thank our squad teachers Mrs Jaya Nair, Mrs Mamta Agnihotri, Mrs Preena Batra and Mrs Veronica Pinto who believed in us and supported us in all the possible ways, at every stage of this wonderful journey.

Naaz Parveen



OUT GOING BATCH

XII Science



XII Commerce

