

St. Joseph's Senior Secondary School, Kanpur



'DILIGENTIA'
2010-11





A Reflection



Dear Parents,

Westernisation in every phase of life has sealed in the real native culture of our society. We are unconsciously coming under the influence of pomp and show, burgers and pizzas, jeans and shorts, malls and multiplexes. These are mere areas of massive expenditure and to reach its mark we work day in and day out competing with ourselves.

The children, as it is, are tempted towards such lime lights. When they find their parents also rushing after such deceptive things, they consider their temptation to be a right choice. Some youngsters may not be able to afford the extravaganza of life and soon are seen to be walking in negative lanes.

We elders need to keep ourselves as well as our children away from the glittering world as it does not make us modern rather leads us to another world of darkness – a darkness that we experience after returning back from a dazzling light.

Therefore, it's time to reflect on few questions :

Firstly, do our children love us naturally or cash benefits ?

Secondly, do we act as we preach ?

Let our actions inspire our children to dream more, learn more, do more and become more than us, then we can be called as real leaders.

I hope the parents will not expose their wards to uncountable wealth but to a culture that makes us proud to be an Indian.

With good wishes and blessing.

Sr. Jeanne
(Principal)

EDITORIAL

Dear Readers,

For the past three years, our Newsletter 'Diligentia' has played a significant role in conveying an overview of the various activities held in the school and indeed this has been a good year with good results and positive changes geared towards improvement and development.

The aim of its publication is to bridge the gap between the parents and the school. We want the parents to have a fair knowledge of the various school activities and encourage their children to participate whole heartedly in all the fields and set new horizons. This will go a long way in helping all concerned to move in unison towards achievement of the institution's cherished goal.

We'll be failing in our duties if we do not thank our management for their encouragement, guidance and co-operation in making this newsletter more graceful and entertaining.

We hope you will enjoy reading this issue and we welcome your feedback on any aspect of the newsletter.

Jaya Nair

Chandrima Mukherjee





6 April 2010 : FIRST DAY OF THE ACADEMIC SESSION

The curtain for the new academic session was raised amidst twittering of Josephites. The school corridor once again breathed life and laughter. The glorious day was marked by a tableau, depicting the meaning of VIBGYOR - the rainbow colours in our lives. It also instilled the exploration of its worth and its introduction into our daily life.



24 April 2010 : PARENTS' ORIENTATION

Our school not only aims at bringing up of its students but also time to time counselling the esteemed parents who actually help the school in moulding and shaping the students. This year too, we had a recapitulative session of general counselling spiced with awareness on raising 'Self Esteem' of oneself as well as the students. The parents' had an enlightening experience and joined hands to boost the morale of their wards in the positive direction.

1 May 2010 : WORLD LABOUR DAY

A day attributed to acknowledge the generous contribution made by the labours. "Labours are the first step of the social ladder". St. Joseph's also expressed their gratitude towards all the class IV employees of the school for their sincere dedication. Without the help of these employees, the school would have run into problems. The members of class IV were honoured with gifts, hand made cards, bouquets and an overwhelming tribute was paid for their self-less services.





3 May 2010 : ELECTION FOR THE NEW PARLIAMENT

St. Joseph's provides its student an atmosphere to make decisions on their own by casting their precious votes in secret ballot to choose their leader. In the morning the leaders excitedly lay their boxes in the destined room and waited for their luck to shine. By the afternoon the result was declared and the most favourite Shahrukh Khan of XII (Science) won with a huge margin of 390 votes beating his opponent.

7 May 2010 : INVESTITURE CEREMONY



The parliament can not remain vacant for long. Without shedding much time the parliamentarians comprising of School Pupil Leader, Assistant School Pupil Leader, Squad Leaders, Activity



In-charges, Sports, Discipline and Cleanliness Leaders took their oath of office. They pledged to serve their school with utmost dedication and loyalty.

8 May 2010 : VALEDICTORY DAY



This day was full of activities. The next day would be the start of summer vacations. There were smiles as well as tears as we bid adieu to our Principal Sr. Rose George. Students displayed the qualities of Sr. Rose and enthralled the audience. Our age-old gardener Mr. Pyare Lal was also bid bye. He was gifted with a 'Bicycle' from the members of the staff as a memento of love and appreciation.



1 July 2010 : INTRO DAY

With new spirit and zeal we started the next slot of our academic session. The new day was introduced with the welcome of our new Principal Sr. Jeanne Mary. The Manager of our school Sr. Anita introduced Sr. Jeanne to the school.





15 July 2010 : INAUGURATION OF L.A.

The activities of the school started taking strides. Literacy Association geared up with its inauguration. The glimpse of various dances and then songs brightened us with the fervour to participate in the events and emerge as winners.



15 AUGUST 2010 : INDEPENDENCE DAY



The National Celebration day arrived. Mrs. Shanta Choudhury - our Art and Craft teacher unfurled the tricolor and made the day memorable. The patriotic song, speeches and message by the Principal Sr. Jeanne ignited the fire of patriotism. The celebrations continued with the staging of inter-squad TABLEAU competition on social issues like child labour, child education, female foeticide and terrorism

1 SEPT. 2010 : 400TH BIRTHDAY OF MOTHER BRIGIDA.

The group of dedicated L TSers showcased the pious nature of Mother Brigida - the foundress of Ursulines of Mary Immaculate by beautifully placing it on placards and also singing praises of her. A short and beautiful dance was put up in her honour. Sr. Anita- The Manager of our school reminded us of the visions of the Holy Mother and hoped that the students would also step in the same shoes of her visions.





3 SEPT. 2010 : TEACHERS' DAY EXTRAVAGANZA

The day as always started with a humble submission of all the teachers in the refuge of Almighty, seeking modesty and benevolence in oneself. The motto 'Teachers are Candles' was invoked and rays of aptitude to be worthy teachers was casted. An entertainment programme for the teachers got set and each show won loud accolades. The students welcomed the teachers with sweets and a hand made book marks, Mrs. Shanta Choudhary was given a magnificent hand made greeting card with lines written about her contribution to school. The teachers had a heart warming time with the management over the sumptuous lunch.



19 OCT. 2010 : BOMBAY GOA TRIP

It was the most awaited moment for a team of 80 students and 12 teachers inclusive of the Principal and



Vice-Principal of the school as they swayed towards freaking as well as learning. A week long tour to Bombay and Goa for this team was the most memorable one.



The happiness knew no bounds and the students had no words to express their enthusiasm. The frolic with the waves, jive at the dance floor, munching the tasteful food were some of the enchantments that made the week exotic.



13 NOV. 2010 : CHILDREN-WE LOVE YOU

Teachers took up the role of the students. Discipline, Assembly, and a surprise regalia was done by the



teachers. Students witnessed some talents of their beloved teachers and appreciated the taste of modernity.



15 NOV. 2010 : CLASS PICNIC FOR I-XII

Why should some students be privileged to enjoy excursion ? All the students thus had butterflies in their stomachs when they joined the class picnic. Class I-IV went to Sengar's in the outskirts of Kanpur while the rest drenched themselves in water park. This schedule of picnics started on 8 Nov. and ended on 15 Nov.



30 NOV. 2010 : UTKRISHTI - THE FLAUNT

Our students if like fun they are equally excellent in manifesting their academic talents. All that was revealed in the exhibition inaugurated by the General Manager of H.A.L., Kanpur Mr. D. Balasubramaniam. Not a single subject remained untouched. The Chief guest applauded the merits of the students.





20 DEC. 2010 : ANNUAL SPORTS MEET

The two day annual sports meet was inaugurated by our Principal Sr. Jeanne. Many vigorous talents came into limelight. The two days saw huge supporters of each squad. Talents in running, jumping and throwing shot put, javelin and discuss and a tough competition was witnessed. Nehru squad emerged as the winner.



22 DEC. 2010 : CHRISTMAS CELEBRATION

The morning was made more Christmassy with a short skit spreading the message of love among people on earth. Arrival of Santa was most enthralling and cakes worked as appetisers. The class-wise celebration on Christmas with dances and refreshment made it more delightful. Winter vacation started and broad smiles beamed on every face.



26 JAN 2011 : REPUBLIC DAY

The spirit of Indianness paved its way through our hearts as we sang our National Anthem and the tricolour rose over the summit. Mrs. Beena Garg - the Hindi Teacher of our school unfurled the flag and took the salute of the parade. Patriotic songs, speeches and the message of our chief guest Mrs. Beena Garg garnished the day.



ATHLETIC MEET 2010-2011



PROUD WINNERS





ACCOLADES



KANCHIKA MATHUR : TOPPER XII-Sci.



MONICA SETHI : TOPPER XII-Com.



APOORV PURWAR : TOPPER XII-Sci.



SHUBHI CHATURVEDI : NRITYANGANA 2011



HONING AWARENESS

DENTAL CARE

Dr. Suresh Kumar, Dental surgeon from SODC (Society of Oral Dental Care) visited the school on 10th August to educate the students of classes I – V about the importance of dental care. A pack of colgate tooth paste and tooth brush was also given to every student.

SAY NO TO TOBACCO

In order to develop a tobacco free environment at home, in school and in the society, "The Health Foundation Organisation" held a seminar for the students of classes IX – XII on 25th August. Dr. S. K. Katiyar, the President of this foundation acquainted the students about the hazards of tobacco and cautioned them not to consume it in any form. Greeting Cards and badges based on "Say no to tobacco" were distributed to all the students to promote the cause.



SEMINAR

A seminar on Disaster Management for the students of classes VIII – X was held in the school on 6th September. It made the students aware of the activities, and precautions that can be collectively taken by the community to meet a disaster, in order to reduce the impact of the disaster and to cope with it efficiently.

AIR FORCE DAY

Air force station, Chakeri, invited the students of XI – Science and XII Science on 6th October to mark the occasion of 'Air Force Day'. The students were elated to get a glimpse of some magnificent aircraft like AN32, Mirage etc. which they had seen only in pictures. They not only learnt about the functioning of these aircraft but also got a lifetime opportunity of entering into one of them. This educational trip was so memorable and fascinating for the students that some have already made up their minds to join the Indian Air Force after class XII.



IMPROVING STUDENT LEARNING

A team of three teachers and seven students (X-XII) went to St. Aloysius' School on 16th November to see the science exhibition held there. It was quite a learning experience for our students as each exhibit displayed there was unique and outstanding.



ST. JOSEPH'S

I love my school
 The days are very cool,
 Everyone follows my rule,
 Some are kind, some fool.
 I have many friends,
 Who never possess trends,
 I love my school days
 As always have teachers' rays
 I wish to remain a child
 To keep my childhood mild,
 St. Joseph's respect is high
 As I ponder - I reach the sky.

Abhinav Yadav
 VII-C



Tathagat Das
 VIII-B

GEM OF THE YEAR



Most of our behaviour is habitual. Cultivating a habit is like ploughing the field. Habit is what makes our actions happen automatically. It is said 'Practice makes man perfect' but 'Perfect practice brings perfection.'

Shrikant Kashyap of XII Commerce is a gem of Josephite who has brought perfection through perfect practice. He is a leader by choice, by attitude and by deeds. The whole year saw him serving the school, teachers, his squad, friends and everyone so diligently, selflessly and relentlessly embracing every work as his personal one that he became the apple of the eye of everyone.

His contribution to school is an example for the youth of today.

"Always try to put yourself in the position of the other and judge your action against the background, then you will never be wrong."

So benevolently he holds the motto of the school - **"Truth & Diligence"**

Congratulations !!!!



HINDUSTAN TIMES, LUCKNOW
WEDNESDAY, JANUARY 26, 2011

WE CARE WITH E-CARE

St. Joseph's Sr. Sec. School, Kanpur aims at promoting integral formation of its students so that they form a convincing faction of society constructing a compassionate world. The school has time and again provided its students with accessibility to latest technological developments in terms of academics as well as extra-curricular activities.

Out of many educational reforms, we have stepped into a dynamic portal system of E-CARE. It is an **online Management of School Information** along with online Management Parents - Teachers - Student communication system. Through this care service the school and the parents would be always in direct contact with each other, thus helping in positive growth and development of the students. It will also systematize and organize the management and administrative conditions of school in accordance with the latest trends of changes in social structure.

E-CARE portal system is a mirror of the progress, achievement and success story of the school. It will simultaneously present the performance of our students academically and behaviorally. We are making efforts in "BUILDING A QUALITY PERSON" out of each as everyone is a mine of efficiency which needs to be brought out to limelight.

We are proud to launch our website www.stjosephsknp.org where your kind visit will be much appreciated. You can get first hand information of all activities held in the school. We would be thankful to you for your suggestions and queries through e-mail - contact@stjosephsknp.org

Let us come together to make a new world of dignity and pride.

Xpressions

Meghna S Pant

Long live the Constitution

Another Republic Day has arrived and it's time once again to listen to patriotic songs, remember our freedom fighters, watch patriotic movies and fill ourselves with pride. Undoubtedly, the founding fathers of our Constitution toiled hard to make India a republic. But unfortunately, it is also true that this pride, this patriotism fades away by noon and this day goes on to become nothing more than a paid holiday for all of us.

Why do we have to make resolutions on January 1 every year? Why can't we resolve on Republic Day to make elementary changes in ourselves, promise to do something for our locality, our society and for our country as a whole?

Do we practise the most fundamental principle of our constitution in our daily lives—the principle of equality to all? Well, most of us are suffering from a disease called "Don't you know who I am?" Why can't we develop the simple habit of standing in a queue and wait patiently for our turn—say in a traffic jam, at railway stations or a railway crossings?

We all grumble about erratic power supply. But do we ever bother to make an effort to get a street lamp switched off in broad daylight? Let us begin by checking the streetlights while returning from the Republic Day function. On every Children's Day, we promise to end child labour, but doesn't our conscience prick us when we see a young child as a domestic help. Let us pledge this day to save at least one child a year from being a bonded labourer.

Today there is a proliferation of scams, scandals and corruption. Moral values are missing. Let all parents, teachers,



brothers and sisters resolve this day to inculcate strong moral values in children from the school level itself to face the harsh world. Let us develop a strong spine in a child to stand up against the crooks who are ready to milk the system. After all, we need more good people to run this country. We all debate about the increasing levels of pollution but how many of us have ever spared a thought to stop the menace of polythene bags. Let us promise ourselves from this day to carry a bag whenever we visit a provision store. It would be a simple way to contribute to our society on a Republic Day.

Perhaps the one time we were genuinely patriotic was during the 25/11 Mumbai attack. Do we need outsiders to rouse the feeling of oneness in us? Let us all take one single pledge to allow our constitution to live and breathe freely in every nook and dark corner of our locality and our city. There was a seismic activity in Gujarat on this day many years ago, let us resolve to create similar seismic activities in our attitudes, in our souls to make a small difference to the world we live in. This would be a better tribute to our Republic than to look for a place to hoist the Tricolour!

(The writer is a student of class II.)

The views expressed by the author are personal

Meghna S. Pant
XI-B



LTS' FELLOWSHIP WITH THE NEEDY



STAFF





मुख्य अतिथि का संदेश

आदरणीय प्रधानाचार्या, प्रिय सहकर्मियों एवं प्यारे बच्चों !

आज मैं आभारी हूँ सिस्टर जीन की, जिन्होंने आज मुझे इस महान पर्व पर आप सबसे दो शब्द कहने का यह सुअवसर प्रदान किया है। सर्वप्रथम मैं आप सबको 61वें गणतन्त्र दिवस पर्व की हार्दिक शुभकामनाएँ देती हूँ।

बच्चों भारत एक महान लोकतान्त्रिक गणराज्य है और हम सबको इस गणराज्य के नागरिक के रूप में अपना दायित्व-जिम्मेदारी पहचाननी होगी।

मैं अपना दायित्व-कर्तव्य एक माली के रूप में देखती हूँ और इस विद्यालय को एक पौधशाला या (नर्सरी) मानती हूँ। एक माली अपनी पौधशाला में तरह-तरह के फल-फूल के पौधे अपने देखरेख में तैयार करता है। फिर उन्हें विभिन्न स्थानों, बगीचों आदि में प्रत्यारोपित करता है।

बच्चों वैसे ही हमसब व अध्यापक रुपी माली नन्हें छात्र रुपी पौधों को अपने संरक्षण में लगन, प्रेम, धैर्य और निष्ठा से सींच कर विकसित करते हैं।

आगे चलकर आप यहाँ से शिक्षा पूर्ण कर संसार के विभिन्न क्षेत्रों में प्रत्यारोपित (सैटिल) होते हो।

बच्चों आप हमारे विद्यालय का गौरव और देश का भविष्य हो। संसार में अनेक प्रकार के कृत्रिम उर्वरक उपलब्ध है, जैसे भ्रष्टाचार, रिश्वत, चापलूसी आदि।

ये वो उर्वरक हैं जो पौधे की तीव्रता से पहले बढ़ाते तो हैं पर बाद में उनकी गति थम जाती है/या गति को रोक देते हैं। फिर आप इनका सहारा क्यों कर लो।

जीवन में सफलता का मूल मंत्र केवल परिश्रम है, जिसका आज तक मैंने भी पालन किया। बच्चों मुझे इस बात की खुशी है कि स्कूल में रहकर मुझे तुम सबका इतना स्नेह और आदर मिला है कि मैं अपने को सीमाग्यशाली मानती हूँ कि मेरे छात्र सदैव मेरा मान रखते हैं और आगे भी रखेंगे।

आज इसी अधिकार से मैं इस अवसर पर कहना चाहती हूँ कि सदैव अपने प्रति उच्च भावना रखो। हर काम महान भावना से करो। जीवन में कैंसी भी स्थिति या संकट से निराश मत हो। आत्मविश्वास एवं आशा के प्रकाश से हृदय को आलोकित रखो। जीवन के प्रति अखण्ड निष्ठा, सकारात्मक सोच रखो। फिर देखना आगे चलकर आप एक सफल, सुन्दर, दीर्घ जीवन के अधिकारी अवश्य बनेंगे।

बच्चों –

परिश्रम जीवन का वरदान है।

काया का प्राण है।

युवावस्था का श्रृंगार है।

अंत में मैं एक बार फिर आप सबको गणतंत्र दिवस की शुभकामनाएँ देती हूँ।

जय हिन्द

वीना गर्ग
हिन्दी अध्यापिका



परिश्रम जीवन का वरदान

रामधारी सिंह 'दिनकर' ने कहा था -

**ब्रह्मा से लिखवाकर भाग्य में मनुष्य कुछ नहीं लाया है।
उसने अपना सुख अपने ही भुजबल से पाया है।"**

परिश्रम मानव जीवन का एक वरदान माना गया है। संसार में सफलता सिर्फ उन्हीं मनुष्यों का वरण करती है जिन्होंने उसकी प्राप्ति के लिए सम्पूर्ण परिश्रम किया हो। परिश्रम का सामान्य अर्थ श्रमपूर्ण किया जाने वाला ऐसा कार्य जो फलदायी हो। गीता में भी कहा गया है कि प्रत्येक परिणाम की आधारशिला व्यक्ति के द्वारा उसकी प्राप्ति के लिए किए गए परिश्रम पर निर्भर होती है। यदि नींव ही कमजोर हो तो सफलता प्राप्त करना असंभव है। इसकी प्राप्ति के लिए सम्पूर्ण सृष्टि लालायित रहती है। सफलता प्राप्त करने की तीव्र उत्कंठा तो सभी में है परन्तु वास्तविक प्राप्ति के लिए कठोर परिश्रम जरूरी है।

वास्तविक रूप में मनुष्य को जीवन में सफलता की आवश्यकता है जिसके कारण उसे परिश्रम की आवश्यकता है। जीवन में किसी भी छोटे-छोटे कार्य को सम्पन्न करने में परिश्रम का हाथ होता है। परिश्रम और सफलता में एक अटूट संबंध है यदि किसी एक को हटा दिया जाये तो दूसरा ओंधे मुँह गिर पड़ेगा। दोनों एक ही सिक्के के दो अलग पहलू कहे जा सकते हैं।

कुछ लोगों का मानना है कि परिश्रम कल्पवृक्ष के समान अवतरित हुआ है। जिस प्रकार कल्पवृक्ष हमारी सभी चिरसंचित इच्छाओं व कल्पनाओं की पूर्ति करने में सक्षम है ठीक उसी प्रकार परिश्रम के माध्यम से मनुष्य अपनी सभी आकांक्षाएँ पूरी कर सकता है। परिश्रम के सेवन से मनुष्य आत्मनिर्भर बनता है एवं जीवन के महत्व को समझ पाता है।

सम्पूर्ण सृष्टि में हमारी प्रतिष्ठा स्थापित करने वाले इस मंत्र में अत्यधिक शक्ति है जिसके माध्यम से सभी शारीरिक एवं मानसिक अवगुण छुपाए जा सकते हैं।

परिश्रम एक ऐसी ओजपूर्ण शक्ति है जिसके सामने कोई बाधा टिक नहीं पाती एवं उसमें ऐसा गुरुत्वाकर्षण है जिसके कारण सफलता स्वयं उसकी ओर खिंची चली आती है।

अनुष्का पाण्डेय

9 अ

संकल्प

(मेजर उन्नीकृष्णन को समर्पित)

चारों ओर शोर था,

सब भाग रहे थे।

ताबड़-तोड़ गोलियों की बौछार जो हो रही थी

सीना ताने एक जवान आगे आया,

वज्र के समान सीने को गोलियाँ छलनी कर गईं

यह नजारा आपने, हमने सबने देखा,

तिरंगे में लिपटा जब वह शव घर पहुँचा

पिता का सिर गर्व से ऊँचा था

मां बार-बार ताबूत में लेटे

बेटे को निहार रही थी, पुचकार रही थी

ममता वात्सल्य का स्पर्श चाहती थी।

बार-बार छूती थी उसे, शायद वह उठेगा

और बौंहो में भी भर लेगा उसे,

क्या उस समय भारत की हर माँ

रोती न होगी, वह शहीद, उसे अपना लगा होगा

अपने हृदय से पूछो, क्या मां का वह आँसू

हिन्दू या मुस्लिम था, सिक्ख या ईसाई था ?

उस दिन मैंने यह संकल्प लिया

मेरे द्वार आज से खुले हैं, सबके लिए

मैं सबक एकता का पढाऊँगी

अपने विद्यार्थियों को एक अच्छा इन्सान बनाऊँगी।

किरन कपूर
हिन्दी अध्यापिका



OUTGOING BATCHES

SCIENCE (XII-A)



COMMERCE (XII-B)



